

VISIT US AT 293 MAIN STREET•DERBY, CT 06418
PHONE US AT (203) 736-1484
EMAIL US AT SENIORCENTER@DERBYCT.GOV

DERBY SENIOR CENTER NEWS

OCTOBER 2019

Wow! I can't believe that summer is over and autumn has arrived. I hope everyone enjoyed the summer and the warmer weather.

This month is time to get your **FLU SHOT** which is scheduled at the Center for **Friday, October 11h at 9 -1100AM**. Just bring your insurance card with you.

Announcements:

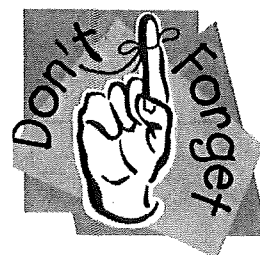
- We will be having a Communication Board in the main (Elizabeth Street) entrance to the left when you walk in the door.
- The Team Lunch Menu for October will come out on Oct. 1st due to a changer in their catering company.
- Operating hours will be from 9-4pm Mon– Fri.
- The cut off for signing up/ payment for special breakfast and lunches will be the Tuesday prior to the scheduled meal.
- If any of your contact information has changed or if you would like to add a cell phone or email to your account., please stop by or give the office a call .
- Oct 10th 12:30 –4:30pm—AARP Smart Driving Course—if interested please sign up in the main office.
- Family Tree Club to start in Jan 2020—if interested in taking part please sign up in main office.
- Luncheon for Susan Churchill—October 23rd at noon at Italian Pavilion—sign up in office
- Census 2020 will be coming up soon—This years census will be done online. If you do not have or do not know how to use a computer we will assist you here at the center. Watch coming newsletters for more information as the time comes near.

Respectfully,
Christine Sonsini, Executive Director.

SPECIAL POINTS OF INTEREST:

- The Elderly Commission meeting is on Monday, October 7, 2019 at 3:00PM
- The Executive Board will meet on Tuesday October 8, 2019 at 10:00AM
- The Activities Committee will be meeting on Tuesday, October 8, 2018 at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, October 1, 2019 from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- **Center will be CLOSED on Monday, October 14, 2019 in observance of Columbus Day**
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MONTHLY REMINDERS



- ♦ **HAIRCUTS** will be on Tuesday, October 21, 2019 (due to holiday) from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday, October 29 2018, at 1:00 PM. Thank you to Gardener Heights for hosting this wonderful event with prizes and treats.
- ♦ Visit us online at www.facebook.com/derbyseniorcenter.
- **Veterans Services and Benefits: Contact Gabor Kautzner @ 203-736-1484. for an appointment on Fridays.**
- ♦

FOR YOUR INFORMATION

****Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you. Please pay and pick up tickets in advance of function.***

***Please no registrations before
October 1, for in house functions.***

Check dates for registration for trips.

Current Trip Schedule 2019

Naugatuck Valley Railroad & Mystery Destination	Reg 7/9	October 15, 2019
Dover Downs Casino	Reg 7/23	October 23-25, 2019
A Spellbinding Day in Salem, MA	Reg 7/30	October 29, 2019
Ace in the Hole Glen Campbell & John Denver Tribute	SOLD OUT	November 7, 2019
Westchester Theatre "An American in Paris"	Reg 8/27	November 14, 2019
Radio City Christmas Show & Carmines	Reg 8/1	November 21, 2019
Christmas in Newport featuring Lasalette Shrine	Reg 10/8	December 5, 2019
Holiday Winter Celebration at Aqua Turf	Reg 10/20	December 10, 2019
Basketball Hall of Fame Holiday Showcase at Mohegan Sun	Reg 10/20	December 22, 2019
Mohegan Sun	Reg 11/19	January 29-30, 2020
Home & Garden Show at Mohegan Sun	Reg 12/3	February 22, 2020
AAC Women's Basketball Semi Finals at Mohegan Sun	Reg 1/7	March 8, 2020
MGM Springfield	Reg 2/4	April 8, 2020
Charleston/Savannah	Reg 2/4	April 18-25, 2020
Westchester—"Hunchback of Notre Dame"	Reg 2/11	April 23, 2020

OCTOBER MEALS

AUTUMN BREAKFAST

THURSDAY, OCTOBER 10, 2019

9:00 AM

\$5.00

MENU:

**BACON, EGG & CHEESE ON A CROISSANT,
HASH BROWNS
AND
FRUIT CUP
WITH UNLIMITED COFFEE & TEA
FREE RAFFLE PRIZES**



HALLOWEEN LUNCHEON

THURSDAY, OCTOBER 31, 2019

12 NOON

\$7.00

MENU:

**STUFFED CHICKEN THIGHS,
ROASTED POTATOES
CARROTS
PUMPKIN DESSERT**

****COSTUMES ARE OPTIONAL BUT APPRECIATED****

****PRIZES FOR SCARIEST, FUNNIEST & MOST ORIGINAL****



REGISTRATIONS

FOR OCTOBER 2019

CHRISTMAS IN NEWPORT FEATURING LASALETTE SHRINE

Thursday, December 5th – Registration begins 10/8/19

Price: \$120.00 PP

On Thursday, December 5th depart to **The Breakers or The Marble House** (our choice) Mansions in Newport, Rhode Island. All mansions are beautifully decorated for the holidays. Next, head to the **Old Grist Mill Tavern** in Seekonk, MA for lunch followed by mass and a dazzling display of Christmas lights at **LaSalette Shrine** in Attleboro, MA.

HOLIDAY WINTER WISHES AT THE AQUA TURF

Tuesday, December 10th – Registration begins 10/20/19

Price: \$82.00 PP

Depart to one of CT's premier banquet facilities, **Aqua Turf**, on December 10th and dine on a holiday luncheon, then dance the day away to a fabulous band.

WESTCHESTER BROADWAY: "IT HAPPENED ONE CHRISTMAS EVE"

Thursday, December 19th - Registrations begins 10/20/19

Price: \$105.00PP

Travel to Elmsford, NY on December 19th to enjoy lunch and a very special holiday musical "It Happened One Christmas Eve".

BASKETBALL HALL OF FAME HOLIDAY SHOWCASE AT MOHEGAN

Sunday, December 22nd - Registration begins 10/20/19

Price: \$74.00 pp

Depart to Mohegan Sun Arena to support your favorite female basketball players. Enjoy a game between **UCONN Woman's Huskies** as they take on the Oklahoma Sooners.

OCTOBER BIRTHDAYS

Maryann Ahearn
Diane Alterio
Paul Anderson
Peter Aquila
Rosemary Baclawski
Nicolina Barker
Johannah Barsevich
Brenda Bazyluk
Linda Beauchamp
Anzio Beltramello
Mario Bonetti
William Bowers
Andrew Breda
Mae Brown
Dolores Bukowski
Susan Cahill
Joyce Calandro
Vincent Cataudella
Rose Catena
Elaine Ceccarelli
Paul Chaplick
Mary Condon
Joan Coppolo
Armida Criscuolo
Dorothy Cwanek
Karen Dains
Kathy Davis
Elizabeth DeGennaro
Jean DeLisio
Robert Demelis
Theresa DeVaney
Evelyn Dorosh

Joseph Drennan







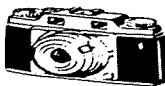


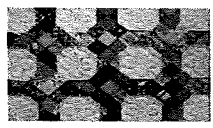



Geraldine Eckhardt
Genevieve Elliott
Arleen Flach
Rosina Flynn
Rosemary Franco
Shirley Fredericks
Anne Gabriel
Shirley Gaetano
Sandy Gambardella
Savino Gennaro
Marie Giordano
Anita Glover
Thomas Greene
Mary Grzyb
Patricia Haydu
Marion Hinds
Edmond Jacek
Herb Johnson
Betty King
Beverly Kondor
Mary Kopasz
Marilyn Jo Kronick
Robert Laccone
Julian Langer
Susan Lanzaro-Schroeder
Diana LaRocco
Vincent Lazzaro
Edna Luysterborghs
Corinne Lydem
Helen Macek
Raymond Madar
Angela Mahoney

Ellen McAuliffe

Charlotte Michaud
Delores Moore
Bertie Morneau
Dorothy Muzyk
Junior Negron
Stuart Oja
John Pawlyk
Cynthia Pecora
Carmela Pedevillano
Kathleen Perez
Mary Ann Persico
Irene Phillips
Theresa Porcu
Arlene Pregman
Kathleen Pucci
Ramona Rubin
Rose Rzasa
Catherine Salisbury
Scianna
Victor Smith
Maxine Stanley
Sylvia Stevens
William Stevens
Grace Sullivan
Mary Talcik
Helen Tourangeau
Dorothy Tynan
Darlene Verab
Marilyn Volikas
Charles Vollaro
George Ward
Janis Yakimovich

Rosemary Yanosik
Helen Zuba

OCTOBER 2019

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	1) 10:00-2:00 Blood Pressure Screening 11:45 Senior Café 1:00 Bingo 	2) 9:30 Painting 9:30 Yoga 9:30 Computer/ Photography class 11:30 Strength Training 12:30 Zumba Gold	3) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appt.	4) 10:00 Tai Chi 10:00 Shopping with VTD 12:30 Zumba Gold 1:00 Quilting Class 
7) 10:00 Chair Yoga 11:15-12:00 Strength Training Class 12:15-1:45 Sign Language Class 3:00 Elderly Commission Meeting	8) Reg for Christmas in Newport 10:00 Executive Brd Meeting 11:00 Activities Meeting 11:45 Senior Café 1:00 Bingo 	9) 9:30 Painting 9:30 Yoga 9:30 Computer/ Photography Class 11:30 Strength Training 12:30 Zumba Gold 	10) 9:00 Autumn Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00 Craft Class Reiki session by appt.	11) 9-11 FLU CLINIC 10:00 Tai Chi 10:00 Shopping with VTD 11:30 Tap Class 12:30 Zumba 1:00 Quilting Class
14) CLOSED FOR COLUMBUS DAY 	15) 11:45 Senior Café 1:00 Bingo Shady Knoll will be providing goodies and prizes. Come and have some fun. 	16) 9:30 Painting 9:30 Yoga 9:30 Computer/ Photography Class 11:30 Strength Training 12:30 Zumba Gold 	17) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00 Craft Class Reiki session by appt.	18) 10:00 Tai Chi 10:00 Shopping with VTD 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class 
21) Reg for Holiday-Winter Wishes & Aqua Turf 10:00 New Chair Yoga 10:00—12:00 Haircuts 11:15-12:00 Strength Training 12:15-1:45 Sign Language Class	22) 11:45 Senior Café 1:00 Birthday Bingo, Treats & Prizes from Gardner Heights 	23) 9:30 Painting 9:30-Yoga 9:30 Computer/ Photography Class 11:30 Strength Training— Cancelled 12:30 Zumba Gold-Cancelled 12:00 Lunch for Sue Churchill _ Italian Pavilion	24) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00 Craft Class Reiki session by appt.	25) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba Gold 11:1:00 Quilting Class 
28) 10:00 Chair Yoga Class 11:15-12:00 Strength Training 	29) 11:45 Senior Café 1:00 Bingo 	30) 9:30 Painting 9:30 Yoga 9:30 Computer/ Photography Class 11:30 Strength Training 12:30 Zumba Gold	31) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 Halloween Luncheon 12:30 Pinochle 1:00 Craft Class Reiki session by appt.	

Don't Wait; Get Protected!

FLU SHOTS



Location: Derby Senior Center
293 Main St., Derby, CT

Date: October 11, 2019

Time: 9-11am

Insurances Accepted:

- ♦ Medicare Part B
- ♦ Aetna
- ♦ Cigna
- ♦ Anthem BC/BS
- ♦ ConnectiCare

Cost without insurance:

- ♦ \$35 for Quadrivalent flu
- ♦ \$65 for high dose flu for ages 65 and over

Payable by cash, debit or credit card



Provided by The Naugatuck Valley Health District
Serving the residents of Ansonia, Beacon Falls, Derby, Naugatuck, Seymour,

Dates and time for all flu clinics are posted on NVHDs website and Facebook. Call for more details!
(203) 881-3255

Autumn - Word Search

Y Z T T Q P M O C T O B E R F Y A
 A T Z E Q U I N O X Z N S R E N S
 C H W K M N I K P M U P O K H O P
 H A B I Z L N Q E W P S R V V S O
 I N C N N R O C H M T U C Z W A R
 L K P E H D E O A A T C O L D E C
 L S V E O M Y B H N R B L U B S N
 Y G W W W F X A M C N V H M N W F
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CANNING
 CHILLY
 COLD
 CROPS
 EQUINOX
 FALL
 FARMING
 FEAST

FROST
 HALLOWEEN
 HARVEST
 HAYSTACK
 NOVEMBER
 OCTOBER
 PUMPKIN
 RAKE

SCHOOL
 SEASON
 SEPTEMBER
 SQUASH
 THANKSGIVING
 TURKEY
 WINDY

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